NOT MY LIFE SCREENING DISCUSSION GUIDE

PRE-SCREENING DISCUSSION
Suggested Questions for Pre-Screening Discussion
• What is “human trafficking”? Can you give an example?
• Where does human trafficking take place?
• What kinds of people are vulnerable to trafficking? What are some factors that make them vulnerable?
• Who are the traffickers?
• How do you think trafficking is being combated?

Suggested Talking Points to Introduce the Film: (For more information, visit notmylife.org)
General Statistics
• Every year, as many as 800,000 women, men, and children are trafficked across international borders. (U.S. State Department)
• According to recent ILO estimates, 55% of those trafficked are women and girls –and up to 5.5 million are children.
• There have been cases of human trafficking reported in all 50 U.S. states. (Polaris Project)
• Today, both children and adults here in the U.S. are being exploited and sometimes enslaved.

SENSITIVE ISSUES
• Some of the people in the film have survived horrific, unspeakable experiences.
• Because of that, some of the content you’re about to see may be difficult to watch.
• We want you to know that sensitive issues will be raised; the film requires maturity from its viewers.
• As challenging as some parts of the film will be, we believe you will ultimately find it inspiring.

POST-SCREENING DISCUSSION
To help participants process what they’ve just seen, allow time for reflection after viewing the film. Feel free to use some of the other suggested questions, as appropriate, and be prepared to talk about what is being done to protect children from trafficking before leading the group in a discussion of ways to take action.

Reflection and Recap – Suggested Questions
• In what ways did the film challenge your assumptions about human trafficking?
• Who are the traffickers?
• Who are the victims?
• What are some of the reasons victims might be reluctant to escape or report the crime?
• What are some of the indicators or “red flags” that signify possible human trafficking?
• Are there indications of human trafficking in your community? Where might it be happening?
• In what businesses or industries in your community might trafficking be occurring?
• How is trafficking being addressed? Who is involved in the fight? What are they doing?
**TAKE ACTION**

Lead participants in a discussion on ways to take action.

**What can we do?**

- Post flyers with the human trafficking hotline provided in the *Not My Life* Toolkit
- Know what to look for/how to spot a victim (refer to the discussion materials “Potential Trafficking Indicators”)
- If you suspect a human trafficking situation where there appears to be imminent or immediate danger, call 911. If it is not an emergency situation, call the National Human Trafficking Resource Center hotline at **1-888-373-7888**; or text "HELP" to 233733.
- Ask your school library or public library to purchase *Not My Life* for their collections so that others may have the opportunity to educate themselves
- Call or write your elected officials. Ask them what they are doing to enact and strengthen laws against human trafficking
- Look at your slavery footprint (slaveryfootprint.org). Be aware of the food you eat, the clothes you buy, the rugs you walk on. Buy fair trade.
- Hold a fundraising event for one of the active anti-trafficking organizations (*Polaris Project*, *Not My Life* Awareness Campaign, GEMS, IJM, Free the Slaves, etc.), or your local anti-trafficking coalition/victim shelter.
- Write or call your local law enforcement agency – find out if their officers are trained to recognize and enforce human trafficking situations

**Suggested Talking Points**

- At the end of *Not My Life*, a challenge is presented: Now you know. What will you do?
- Ask audience members for suggestions.
- Review and discuss Take Action items.
- You can also visit unicefusa.org/endtrafficking for more take action ideas.

**Event Closing – Suggested Talking Points**

- Leave some time for questions and comments.
- Thank you for attending our screening tonight. We hope you will continue to learn and take action to help irradiate human trafficking.